

RESOURCES (Aspen to Grand Junction)

If resource needed is not found here, please call Western Colorado 211 by dialing 211 or visiting www.wc211.org

HOMELESS SHELTERS

Jesus Saves Homeless Day Shelter	Glenwood Springs	970-379-5983	https://jesussavesdayshelter.com/
Homeward Bound	Grand Junction	970-256-9424	homewardboundgv.org
Rescue Mission (men only)	Grand Junction	970-243-4230	
Grand Valley Catholic Outreach	Grand Junction	970-241-3658	catholicoutreach.org

HOUSING

Garfield County Housing Authority	Rifle	970-625-3589	garfieldhousing.com
Rifle Housing Authority	Rifle	970-625-3974	rifecolo.net

FOOD

Catholic Charities		970-384-2060	
Garfield County Dept. of Human Services (SNAP benefits)	Glenwood Springs	970-945-9191	garfield-county.com/human-services/food-assistance-program.aspx
	Rifle	970-625-5282	
Hunger Free Colorado		720-328-1284	
Lift-Up	New Castle/Silt		liftup.org
Lift-Up	Rifle	970-625-4888	liftup.org/2-thrift-shops
Lift-Up Extended Table ("soup kitchen")	Glenwood and Rifle	970-625-4496	liftup.org/2-extended-table-dinner-locations
Lift - Up	Carbondale	970-963-1778	liftup.org
Lift-Up	Aspen	970-625-4496	liftup.org
Lift-Up	Parachute	970-285-0221	liftup.org
Meals on Wheels (elderly, disabled, homebound, recovering)	Rifle	970-625-6423	grandriverhealth.org/mealsonwheels
Senior Nutrition Program		970-945-9191 x 3061	
SNAP (Supplemental Nutrition Assistance Program) Benefits	Garfield County	970-945-9191	garfield-county.com/human-services/food-assistance-program.aspx
WIC (food, baby formula)	Glenwood Springs	970-945-6614	garfield-county.com/public-health
	Rifle	970-625-5200	
Western Slope Food Bank of the Rockies		970-464-1138	

EMPLOYMENT/TRAINING

Center for Independence	Glenwood Springs	970-718-5155	cfigj.org
Division of Vocational Rehab	Glenwood Springs	970-945-1042	colorado.gov/dvr
Glenwood Workforce	Glenwood Springs	970-945-8638	coloradosbdc.org/resource-organizations/glenwood-springs-workforce-center
Go2Work Workshops		970-384-8523	coloradomtn.edu/partnerships/go2work_programs
Rifle Works	Rifle	970-625-5627	coloradosbdc.org/resource-organizations/rifle-workforce-center
Senior Community Services Employment	Grand Junction	970-256-1382	

PREGNANCY and AGES 0-5									
CCCAP (child care assistance)		1-800-799-5876	garfield-county.com/human-services/childcare-assistance.aspx						
Early Childhood Network	Garfield County	970-928-7111	earlychildhoodnet.org	earlychildhoodnet.org/espanol					
Great Expectations	Glenwood Springs	970-945-1234 ext 20	familyvisitor.org						
Pregnancy Resource Center	Glenwood Springs	970-945-5562	pregnancycolorado.org						
		text English 970-707-8325							
		text español 970-707-8334							
SCHOOL AGE									
RE2 Family Resource Center (One Door)	Rifle	970-665-7600	https://www.garfieldre2.net/family-community/family-resource-center						
Roaring Fork Family Resource	Carbondale	970-384-6000	https://www.rfsd.k12.co.us/en-US/family-resource-center-3e2ba1e2						
COUNSELING/MENTAL HEALTH/SUPPORT GROUPS									
24-Hour Crisis Line		800-252-6220							
Al-anon/Alateen		1-888-966-4662							
Alcoholics Anonymous		970-928-0499	coadistrict14.org						
Aspen Hope Center	Aspen	970-925-5858	ourhopecenter.org						
Celebrate Recovery	Rifle	970-625-2511	celebraterecovery.com						
Discovery Cafe	Rifle	719-650-5978	discoverycafe.org						
Depression & Bipolar Support Alliance		800-826-3632							
Health Solutions West	Aspen	970-920-5555	https://healthsolutionswest.org						
Health Solutions West	Glenwood Springs	970-945-2583							
Health Solutions West	Rifle	970-665-2220							
Health Solutions West	Grand Junction	970-241-6023							
Momenta	Glenwood Springs	970-930-6355	momentarecovery.com						
Mountain Valley Developmental Services	Glenwood Springs	970-945-2306	mtnvalley.org						
National Suicide Prevention Hotline		800-273-8255							
Response	Basalt	970-920-5357	responsehelps.org						
Savings Collaborative (Budgeting & Savings Counseling)	Glenwood Springs		coaching@savingscollaborative.org						
YouthZone	Glenwood Springs	970-945-9300	youthzone.com						
DISABILITY SERVICES									
ADRC Region 11	serving Routt, Garfield, Moffat, Rio Blanco Counties (affiliated with Mesa County)	970-248-2746							
Center for Independence		970-241-0315							
Center for People with Disabilities		303-442-8662							
Development Pathways (Seniors Choice)		303-344-0046							
Valley Life for All		970-319-1279	raisingcoloradokids.com/						
CHURCHES									
The Church of Jesus Christ of Latter-day Saints (LDS)	Glenwood Springs	970-945-5920	lds.org						

St. Stephen's Catholic Church	Glenwood Springs	970-945-6673	ststephen1885.org						
Cristo La Roca	New Castle	970-945-1128	iglesiacrystalroca.org						
First Baptist Church	New Castle	970-984-2306	newcastlefirstbaptist7.com						
New Creation Church	New Castle	970-945-5902	newcreationchurch.org						
New Hope Church	New Castle	970-984-2656	newhopeinfo.com						
River Churches	New Castle	970-984-0279	riverchurches.org						
St. John's Episcopal Church	New Castle	970-984-2780	sjnewcastle.org						
Puerta de Esperanza	Silt	970-987-1005							
The Church of Jesus Christ of Latter-day Saints (LDS)	Rifle	970-625-0482	lds.org						
St. Mary's Catholic Church	Rifle	970-625-5125	stmaryrifle.com						
ENERGY PROGRAMS									
211 Connect	may be able to find utility bill assistance, health care and support		211 www.211.org						
CARE (Colorado Affordable Residential Energy)		970-704-9200	energyoutreach.org/programs-for-individuals/care-program						
Energy Assistance & Crisis Intervention Programs		866-432-8435							
Grand Valley Catholic Outreach		970-241-3635							
LEAP (Low-Income Energy Assistance Program)		1-866-432-8435	colorado.gov/pacific/cdhs/leap						
Northwest Colorado (Weatherization Assistance Program)	Silverthorne	970-468-0295	nwccog.org/programs/weatherization						
INTERNET									
Century Link		1-800-527-3212	centurylink.com/internetbasics						
Comcast Essentials		1-855-846-8376	internetessentials.com						
IMMIGRANT SERVICES									
Catholic Charities Community Immigration Services	Glenwood Springs	970-384-2060	ccdenver.org						
US Citizenship & Immigration Services		1-888-375-5283	uscis.gov						
LEGAL SERVICES									
Alpine Legal Services	Aspen	970-920-3032	alpinelegalservices.org						
	Glenwood Springs	970-945-8858							
Advocate Safehouse Project (Domestic/Sexual Violence)	Glenwood Springs	970-945-4439	advocatesafehouse.org						
Colorado Legal Services	Denver	303-837-1313							
	Grand Junction	970-243-7940							
Victim/Witness Assistance Program	Garfield County	970-945-8635	garcosheriff.com/victim_services.html						

SOCIAL SECURITY	Glenwood Springs	970-945-8609 / 866-220-7898	ssa.gov						
	Grand Junction	866-931-7120							
	Montrose	866-758-1317							
Administration		800-772-1213							
Medicare Claims		800-633-4227							
OTHER AGENCIES (Emergency Assistance/Basic Needs)									
Tom's Door	Carbondale	970-704-5082	tomsdoor.com						
Catholic Charities	Glenwood Springs	970-384-2060	ccdenver.org/western-slope-services						
Salvation Army	Glenwood Springs	970-945-6976	salvationarmy.org						
The River Center	New Castle	970-984-4333	rivercenternewcastle.org						
Reach Out Colorado	Rifle	970-459-0309	reach-out-colorado.org						
Valley Settlement (Latino Community Support)		970-963-0851	valleysettlement.org/						
Holy Cross Energy	Glenwood	970-945-5491	holycross.com						
West Mountain Regional Health Alliance	Eagle, Garfield & Pitkin Counties	970-510-0186	westmountainhealthalliance.org						
For Seniors:									
Assisted Living/Housing									
Heritage Park	Carbondale	970-963-1500	heritageparkcenterco.com						
Creekside	Glenwood Springs	970-945-5155							
Harmony House	Glenwood Springs	970-928-8262 / 970-404-0551							
HomeCare & Hospice of the Valley	Glenwood Springs	970-930-6008							
Manor One	Glenwood Springs	970-945-9326	manors.monroegroup.com						
Manor Two	Glenwood Springs	970-945-8322							
Lakota Ridge	New Castle	970-625-3589 ext. 101	garfieldhousing.com/senior-apartments-at-lakota-ridge						
Silt Senior Housing	Silt	970-325-3589 ext. 101	garfieldhousing.com/silt-senior-housing						
Rifle Housing Authority	Rifle	970-625-3974							
Chateau at Rifle	Rifle	970-625-4343	chateauatrifle.com						
Rifle Senior Center	Rifle	970-625-1877	rifleco.org/596/senior-center						
Mesa Vista	Battlement Mesa	970-285-1844	seniorhousingoptions.org/properties/mesa-vista						
Valley Senior Housing	Parachute	970-285-9690	garfieldhousing.com/valley-senior-housing						
Senior Meal Programs									
Roaring Fork and Spoon @ Crystal Meadows Senior Housing	Carbondale	970-945-9117		Wednesdays					
Chat n' Chew @ Lucy Huntley Senior Center	Glenwood Springs	970-945-9117		Tuesdays/Fridays					

Sunnyside Senior Meal @Sunnyside Retirement Center	Glenwood Springs	970-665-0041		Mondays/Thursdays					
The Gathering @ New Castle Senior Housing	New Castle	970-665-0041		Mondays					
Network Luncheon @The River Center	New Castle	970-984-4333		Wednesdays					
Meet n' Eat @ Colorado River Fire Rescue	Silt	970-665-6540		Wednesdays					
Senior Delight @Rifle Senior Housing	Rifle	970-665-6540		Tuesdays/Thursdays/Fridays					
Senior Meal @Valley Senior Center	Parachute	970-285-7216		Wednesdays					
Senior Recreation Programs									
Silver Sneakers	Carbondale	970-704-4190	carbondalerec.com/programs/senior-programs						
	Glenwood Springs	970-945-4440							

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